Meaning In Life Scales Data File Document:

|  |  |  |  |
| --- | --- | --- | --- |
| Name of Scale | Author | Abbreviation for Column | Original Column Names |
| Existence Scale | Langle | ES | "V1", "Source", "Q2\_1", "Q2\_2", "Q2\_3", "Q2\_4", "Q2\_5", "Q2\_6", "Q2\_7", "Q2\_8", "Q2\_9", "Q2\_10", "Q2\_11", "Q2\_12", "Q2\_13", "Q2\_14", "Q2\_15", "Q2\_16", "Q2\_17", "Q2\_18", "Q2\_19", "Q2\_20", "Q2\_21", "Q2\_22", "Q2\_23", "Q2\_24", "Q2\_25", "Q2\_26", "Q2\_27", "Q2\_28", "Q2\_29", "Q2\_30", "Q2\_31", "Q2\_32", "Q2\_33", "Q2\_34", "Q2\_35", "Q2\_36", "Q2\_37", "Q2\_38", "Q2\_39", "Q2\_40", "Q2\_41", "Q2\_42", "Q2\_43", "Q2\_44", "Q2\_45", "Q2\_46", "YEAR" |
| Existential Loneliness | Mayers | ELQ | "V1", "Source", "Q1\_1", "Q1\_2", "Q1\_3", "Q1\_5", "Q1\_6", "Q1\_7", "Q1\_9", "Q1\_10", "Q1\_11", "Q1\_12", "Q1\_13", "Q1\_14", "Q1\_15", "Q1\_16", "Q1\_17", "Q1\_18", "Q1\_19", "Q1\_20", "Q1\_21", "YEAR" |
| Meaningful Activity Participation Assessment | Eakman | MAPA | "V1", "Source", "Q4\_1", "Q4\_2", "Q4\_3", "Q4\_4", "Q4\_5", "Q4\_6", "Q4\_7", "Q4\_8", "Q4\_9", "Q4\_10", "Q4\_11", "Q4\_12", "Q4\_13", "Q4\_14", "Q4\_15", "Q4\_16", "Q4\_17", "Q4\_18", "Q4\_19", "Q4\_20", "Q4\_21", "Q4\_22", "Q4\_23", "Q4\_24", "Q4\_25", "Q4\_26", "Q4\_27", "Q4\_28", "Q5\_1", "Q5\_2", "Q5\_3", "Q5\_4", "Q5\_5", "Q5\_6", "Q5\_7", "Q5\_8", "Q5\_9", "Q5\_10", "Q5\_11", "Q5\_12", "Q5\_13", "Q5\_14", "Q5\_15", "Q5\_16", "Q5\_17", "Q5\_18", "Q5\_19", "Q5\_20", "Q5\_21", "Q5\_22", "Q5\_23", "Q5\_24", "Q5\_25", "Q5\_26", "Q5\_27", "Q5\_28", "YEAR" |
| Meaning in Life | Krause | MLK | "V1", "Source", "Q6\_1", "Q6\_2", "Q6\_3", "Q6\_4", "Q6\_5", "Q6\_6", "Q6\_7", "Q6\_8", "Q6\_9", "Q6\_10", "Q6\_11", "Q6\_12", "Q6\_13", "Q6\_14", "YEAR" |
| Purpose in Life Short Form | Schulenberg | PILSF | "V1", "Source", "Q8", "Q9", "Q10", "Q11", "YEAR" |
| Meaningful Life Measure | Morgan | MLM | "V1", "Source", "Q13", "Q14", "Q15", "Q16\_1", "Q16\_2", "Q16\_3", "Q16\_4", "Q16\_5", "Q16\_6", "Q16\_7", "Q16\_8", "Q16\_9", "Q16\_10", "Q16\_11", "Q16\_12", "Q17", "Q18", "Q19\_1", "Q19\_2", "Q19\_3", "Q19\_4", "Q19\_5", "Q19\_6", "YEAR" |
| Meaning in Life | Tomich | MLT | "V1", "Source", "Q20\_1", "Q20\_2", "Q20\_3", "Q20\_4", "YEAR" |
| Meaning Making Scale | Van Den Heuvel | MMS | "V1", "Source", "Q21\_1", "Q21\_2", "Q21\_3", "Q21\_4", "Q21\_5", "Q21\_6", "Q21\_7", "YEAR" |
| Life Attitude Profile | Reker | LAP | "V1", "Source", "Q22\_1", "Q22\_2", "Q22\_3", "Q22\_4", "Q22\_5", "Q22\_6", "Q22\_7", "Q22\_8", "Q22\_9", "Q22\_10", "Q22\_11", "Q22\_12", "Q22\_13", "Q22\_14", "Q22\_15", "Q22\_16", "Q22\_17", "Q22\_18", "Q22\_19", "Q22\_20", "Q22\_21", "Q22\_22", "Q22\_23", "Q22\_24", "Q22\_25", "Q22\_26", "Q22\_27", "Q22\_28", "Q22\_29", "Q22\_30", "Q22\_31", "Q22\_32", "Q22\_33", "Q22\_34", "Q22\_35", "Q22\_36", "Q22\_37", "Q22\_38", "Q22\_39", "Q22\_40", "Q22\_41", "Q22\_42", "Q22\_43", "Q22\_44", "YEAR" |
| Spiritual Meaning Scale | Macscaro | SMS | "V1", "Source", "Q23\_1", "Q23\_2", "Q23\_3", "Q23\_4", "Q23\_5", "Q23\_6", "Q23\_7", "Q23\_8", "Q23\_9", "Q23\_10", "Q23\_11", "Q23\_12", "Q23\_13", "Q23\_14", "Q23\_15", "Q23\_16", "YEAR" |
| Well Being Scale | Ryff | PWS | "V1", "Source", "Q24\_1", "Q24\_2", "Q24\_3", "Q24\_4", "Q24\_5", "Q24\_6", "Q24\_7", "Q24\_8", "Q24\_9", "Q24\_10", "Q24\_11", "Q24\_12", "Q24\_13", "Q24\_14", "Q24\_15", "Q24\_16", "Q24\_17", "Q24\_18", "Q24\_19", "Q24\_20", "Q24\_21", "Q24\_22", "Q24\_23", "Q24\_24", "Q24\_25", "Q24\_26", "Q24\_27", "Q24\_28", "Q24\_29", "Q24\_30", "Q24\_31", "Q24\_32", "Q24\_33", "Q24\_34", "Q24\_35", "Q24\_36", "Q24\_37", "Q24\_38", "Q24\_39", "Q24\_40", "Q24\_41", "Q24\_42", "YEAR" |
| VOL | Lawton | VOL | "V1", "Source", "Q25\_1", "Q25\_2", "Q25\_3", "Q25\_4", "Q25\_5", "Q25\_6", "Q25\_7", "Q25\_8", "Q25\_9", "Q25\_10", "Q25\_11", "Q25\_12", "Q25\_13", "Q25\_14", "Q25\_15", "Q25\_16", "Q25\_17", "Q25\_18", "Q25\_19", "YEAR" |
| The Life Engagement Test | Scheier | LET | "V1", "Source", "Q94\_1", "Q94\_2", "Q94\_3", "Q94\_4", "Q94\_5", "Q94\_6", "YEAR" |
| The Satisfaction with Life Scale | Diener | SWLS | "V1", "Source", "Q27\_1", "Q27\_2", "Q27\_3", "Q27\_4", "Q27\_5", "YEAR" |
| Sense of Coherence | Antonowsky | SCS | "V1", "Source", "Q51\_1", "Q52\_1", "Q53\_1", "Q54\_1", "Q55\_1", "Q56\_1", "Q57\_1", "Q58\_1", "Q59\_1", "Q60\_1", "Q61\_1", "Q62\_1", "Q63\_1", "Q64\_1", "Q65\_1", "Q66\_1", "Q67\_1", "Q68\_1", "Q69\_1", "Q70\_1", "Q71\_1", "Q72\_1", "Q73\_1", "Q74\_1", "Q75\_1", "Q76\_1", "Q77\_1", "Q78\_1", "Q79\_1", "YEAR" |
| STMS (academic) | Li | STMS | "V1", "Source", "Q80\_1", "Q80\_2", "Q80\_3", "Q80\_4", "Q80\_5", "Q80\_6", "Q80\_7", "Q80\_8", "Q80\_9", "Q80\_10", "Q80\_11", "Q80\_12", "Q80\_13", "Q80\_14", "Q80\_15", "Q80\_16", "Q80\_17", "Q80\_18", "Q80\_19", "Q80\_20", "Q80\_21", "Q80\_22", "Q80\_23", "Q80\_24", "Q80\_25", "Q80\_26", "Q80\_27", "Q80\_28", "Q80\_29", "Q80\_30", "Q80\_31", "Q80\_32", "Q80\_33", "Q80\_34", "YEAR" |
| Orientations to Happiness Scale | Peterson | OHS | "V1", "Source", "Q81\_1", "Q81\_2", "Q81\_3", "Q81\_4", "Q81\_5", "Q81\_6", "Q81\_7", "Q81\_8", "Q81\_9", "Q81\_10", "Q81\_11", "Q81\_12", "Q81\_13", "Q81\_14", "Q81\_15", "Q81\_16", "Q81\_17", "Q81\_18", "YEAR" |
| Boredom Proneness | Farmer | BP | "V1", "Source", "Q83\_1", "Q83\_2", "Q83\_3", "Q83\_4", "Q83\_5", "Q83\_6", "Q83\_7", "Q83\_8", "Q83\_9", "Q83\_10", "Q83\_11", "Q83\_12", "Q83\_13", "Q83\_14", "Q83\_15", "Q83\_16", "Q83\_17", "Q83\_18", "Q83\_19", "Q83\_20", "Q83\_21", "Q83\_22", "Q83\_23", "Q83\_24", "Q83\_25", "Q83\_26", "Q83\_27", "Q83\_28", "YEAR" |
| Boredom Proneness Short Form | Vodanovich | BPSF | "V1", "Source", "Q84\_1", "Q84\_2", "Q84\_3", "Q84\_4", "Q84\_5", "Q84\_6", "Q84\_7", "Q84\_8", "Q84\_9", "Q84\_10", "Q84\_11", "Q84\_12", "YEAR" |
| Daily Meaning Scale | Steger | DMS and DMSTEXT | "V1", "Source", "Q85\_1", "Q85\_2", "Q85\_3", "Q86\_1\_TEXT", "Q86\_2\_TEXT", "Q86\_3\_TEXT", "Q86\_4\_TEXT", "Q86\_5\_TEXT", "Q86\_6\_TEXT", "Q86\_7\_TEXT", "Q86\_8\_TEXT", "Q86\_9\_TEXT", "Q86\_10\_TEXT", "Q86\_11\_TEXT", "Q86\_12\_TEXT", "Q86\_13\_TEXT", "Q86\_14\_TEXT", "Q86\_15\_TEXT", "Q86\_16\_TEXT", "Q86\_17\_TEXT", "Q86\_18\_TEXT", "Q86\_19\_TEXT", "YEAR" |
| Existential Meaning | Lyon | EMS | "V1", "Source", "Q88\_1", "Q88\_2", "Q88\_3", "Q88\_4", "Q88\_5", "Q88\_6", "Q88\_7", "Q88\_8", "Q88\_9", "Q88\_10", "Q88\_11", "Q88\_12", "Q88\_13", "Q88\_14", "Q88\_15", "Q88\_16", "Q88\_17", "Q88\_18", "Q88\_19", "Q88\_20", "YEAR" |
| General Life Purpose Scale | Byron | GLPS | "V1", "Source", "Q89\_1", "Q89\_2", "Q89\_3", "Q89\_4", "Q89\_5", "Q89\_6", "Q89\_7", "Q89\_8", "Q89\_9", "Q89\_10", "Q89\_11", "Q89\_12", "Q89\_13", "Q89\_14", "Q89\_15", "YEAR" |
| Life Attitude | Liu | LAS | "V1", "Source", "Q90\_1", "Q90\_2", "Q90\_3", "Q90\_4", "Q90\_5", "Q90\_6", "Q90\_7", "Q90\_8", "Q90\_9", "Q90\_10", "Q90\_11", "Q90\_12", "Q90\_13", "Q90\_14", "Q90\_15", "Q90\_16", "Q90\_17", "Q90\_18", "Q90\_19", "Q90\_20", "Q90\_21", "Q90\_22", "Q90\_23", "Q90\_24", "Q90\_25", "Q90\_26", "Q90\_27", "YEAR" |
| Life Regard Index Adjusted Version | Battista | LRI | "V1", "Source", "Q91\_1", "Q91\_2", "Q91\_3", "Q91\_4", "Q91\_5", "Q91\_6", "Q91\_7", "Q91\_8", "Q91\_9", "Q91\_10", "Q91\_11", "Q91\_12", "Q91\_13", "Q91\_14", "Q91\_15", "Q91\_16", "Q91\_17", "Q91\_18", "Q91\_19", "Q91\_20", "Q91\_21", "Q91\_22", "Q91\_23", "Q91\_24", "Q91\_25", "Q91\_26", "Q91\_27", "Q91\_28", "YEAR" |
| Meaning in Life Index | Francis | MILI | "V1", "Source", "Q92\_1", "Q92\_2", "Q92\_3", "Q92\_4", "Q92\_5", "Q92\_6", "Q92\_7", "Q92\_8", "Q92\_9", "YEAR" |
| Meaning in Life Questionnaire | Kernes (this is the Steger MLQ repeated) | MLQ | "V1", "Source", "Q93\_1", "Q93\_2", "Q93\_3", "Q93\_4", "Q93\_5", "Q93\_6", "Q93\_7", "Q93\_8", "Q93\_9", "Q93\_10", "YEAR" |
| PPM and PMP | Wong | PPMS | "V1", "Source", "Q96\_1", "Q96\_2", "Q96\_3", "Q96\_4", "Q96\_5", "Q96\_6", "Q96\_7", "Q96\_8", "YEAR" |
| NoM | Kunzendorf | NOM | "V1", "Source", "Q97\_1", "Q97\_2", "Q97\_3", "Q97\_4", "Q97\_5", "Q97\_6", "Q97\_7", "Q97\_8", "Q97\_9", "Q97\_10", "Q97\_11", "Q97\_12", "Q97\_13", "Q97\_14", "YEAR" |
| Meaning in Life | Warner | ML | "V1", "Source", "Q100\_1", "Q100\_2", "Q100\_3", "Q100\_4", "Q100\_5", "Q100\_6", "Q100\_7", "Q100\_8", "Q100\_9", "Q100\_10", "Q100\_11", "Q100\_12", "Q100\_13", "Q100\_14", "YEAR" |
| Engagement in Meaningful Activities Scale | Goldberg | EMAS | "V1", "Source", "Q101\_1", "Q101\_2", "Q101\_3", "Q101\_4", "Q101\_5", "Q101\_6", "Q101\_7", "Q101\_8", "Q101\_9", "Q101\_10", "Q101\_11", "Q101\_12", "YEAR" |
| Fulfillment of Meaning Scale | Burbank | FOM | "V1", "Source", "Q102\_1", "Q102\_2", "Q102\_3", "Q102\_4", "Q102\_5", "Q102\_6", "Q102\_7", "Q102\_8", "Q102\_9", "Q102\_10", "Q102\_11", "Q102\_12", "YEAR" |
| Life Attitude Profile Revised | Bearsley | LAPR | "V1", "Source", "Q103\_1", "Q103\_2", "Q103\_3", "Q103\_4", "Q103\_5", "Q103\_6", "Q103\_7", "Q103\_8", "Q103\_9", "Q103\_10", "Q103\_11", "Q103\_12", "Q103\_13", "Q103\_14", "Q103\_15", "Q103\_16", "Q103\_17", "Q103\_18", "Q103\_19", "Q103\_20", "Q103\_21", "Q103\_22", "Q103\_23", "Q103\_24", "Q103\_25", "Q103\_26", "Q103\_27", "Q103\_28", "Q103\_29", "Q103\_30", "Q103\_31", "Q103\_32", "Q103\_33", "Q103\_34", "Q103\_35", "Q103\_36", "Q103\_37", "Q103\_38", "Q103\_39", "Q103\_40", "Q103\_41", "Q103\_42", "Q103\_43", "Q103\_44", "Q103\_45", "Q103\_46", "Q103\_47", "Q103\_48", "Q103\_49", "Q103\_50", "Q103\_51", "Q103\_52", "Q103\_53", "Q103\_54", "Q103\_55", "Q103\_56", "YEAR" |
| Sources of Meaning Profile | Reker | SOMP | "V1", "Source", "Q105\_1", "Q105\_2", "Q105\_3", "Q105\_4", "Q105\_5", "Q105\_6", "Q105\_7", "Q105\_8", "Q105\_9", "Q105\_10", "Q105\_11", "Q105\_12", "Q105\_13", "YEAR" |
| Questionnaire for Eudemonic Well Being | Waterman | QEW | "V1", "Source", "Q106\_1", "Q106\_2", "Q106\_3", "Q106\_4", "Q106\_5", "Q106\_6", "Q106\_7", "Q106\_8", "Q106\_9", "Q106\_10", "Q106\_11", "Q106\_12", "Q106\_13", "Q106\_14", "Q106\_15", "Q106\_16", "Q106\_17", "Q106\_18", "Q106\_19", "Q106\_20", "YEAR" |
| Seeking of Neotic Goals Test | Crumbaugh | SONG | "V1", "Source", "Q107\_1", "Q107\_2", "Q107\_3", "Q107\_4", "Q107\_5", "Q107\_6", "Q107\_7", "Q107\_8", "Q107\_9", "Q107\_10", "Q107\_11", "Q107\_12", "Q107\_13", "Q107\_14", "Q107\_15", "Q107\_16", "Q107\_17", "Q107\_18", "Q107\_19", "Q107\_20", "YEAR" |
| Expression of Life Meaning | Laverty | ELM | "V1", "Source", "Q108\_1", "Q108\_2", "Q108\_3", "Q108\_4", "Q108\_5", "Q108\_6", "Q108\_7", "Q108\_8", "Q108\_9", "Q108\_10", "Q108\_11", "Q108\_12", "Q108\_13", "Q108\_14", "Q108\_15", "Q108\_16", "Q108\_17", "Q108\_18", "Q108\_19", "Q108\_20", "Q108\_21", "Q108\_22", "Q108\_23", "Q108\_24", "Q108\_25", "Q108\_26", "Q108\_27", "Q108\_28", "Q108\_29", "Q108\_30", "Q108\_31", "Q108\_32", "Q108\_33", "Q108\_34", "Q108\_35", "Q108\_36", "Q108\_37", "Q108\_38", "Q108\_39", "Q108\_40", "YEAR" |
| Meaning in Life | Jim | MILS | "V1", "Source", "Q109\_1", "Q109\_2", "Q109\_3", "Q109\_4", "Q109\_5", "Q109\_6", "Q109\_7", "Q109\_8", "Q109\_9", "Q109\_10", "Q109\_11", "Q109\_12", "Q109\_13", "Q109\_14", "Q110\_1", "Q110\_2", "Q110\_3", "Q110\_4", "Q110\_5", "Q110\_6", "YEAR" |
| Mundane Meaning | Brown | MMM | "V1", "Source", "Q111\_1", "Q111\_2", "Q111\_3", "Q111\_4", "Q111\_5", "Q111\_6", "Q111\_7", "Q111\_8", "Q111\_9", "Q111\_10", "Q111\_11", "Q111\_12", "Q111\_13", "Q111\_14", "Q111\_15", "Q111\_16", "YEAR" |
| Life Purpose Questionnaire | Hutzell | LPQ | "V1", "Source", "Q3\_1", "Q3\_2", "Q3\_3", "Q3\_4", "Q3\_5", "Q3\_6", "Q3\_7", "Q3\_8", "Q3\_9", "Q3\_10", "Q3\_11", "Q3\_12", "Q3\_13", "Q3\_14", "Q3\_15", "Q3\_16", "Q3\_17", "Q3\_18", "Q3\_19", "Q3\_20", "YEAR" |
| Purpose in Life | Crumbaugh | PIL | "V1", "Source", "Q29\_1", "Q31\_1", "Q33\_1", "Q34\_1", "Q35\_1", "Q36\_1", "Q37\_1", "Q38\_1", "Q39\_1", "Q40\_1", "Q41\_1", "Q42\_1", "Q43\_1", "Q44\_1", "Q45\_1", "Q46\_1", "Q47\_1", "Q48\_1", "Q49\_1", "Q50\_1", "YEAR" |
| Meaning in Life Questionnaire | Steger | MILQ | "V1", "Source", "Q99\_1", "Q99\_2", "Q99\_3", "Q99\_4", "Q99\_5", "Q99\_6", "Q99\_7", "Q99\_8", "Q99\_9", "Q99\_10", "YEAR" |
| Resiliency Scale 14 | Wagnild | RS | "V1", "Source", "Q122\_1", "Q122\_2", "Q122\_3", "Q122\_4", "Q122\_5", "Q122\_6", "Q122\_7", "Q122\_8", "Q122\_9", "Q122\_10", "Q122\_11", "Q122\_12", "Q122\_13", "Q122\_14", "YEAR" |
| Brief Resilience Scale |  | BRS | "V1", "Source", "Q118\_1", "Q118\_2", "Q118\_3", "Q118\_4", "Q118\_6", "Q118\_7", "YEAR" |
| Personal Values System Hardiness |  | PVS | "V1", "Source", "Q118\_4", "Q118\_5", "Q118\_6", "Q118\_7", "Q118\_8", "Q118\_9", "Q118\_10", "Q118\_11", "Q118\_12", "Q118\_13", "Q118\_14", "Q118\_15", "Q118\_16", "Q118\_17", "Q118\_18", "Q118\_19", "Q118\_20", "Q118\_21", "YEAR" |
| STMS (Vision in Life) | Li | VIL | "V1", "Source", "Q122\_1", "Q122\_2", "Q122\_3", "Q122\_4", "Q122\_5", "Q122\_6", "Q122\_7", "Q122\_8", "Q122\_9", "Q122\_10", "Q122\_11", "Q122\_12", "Q122\_13", "Q122\_14", "Q122\_15", "Q122\_16", "Q122\_17", "Q122\_18", "Q122\_19", "Q122\_20", "Q122\_21", "Q122\_22", "Q122\_23", "Q122\_24", "Q122\_25", "Q122\_26", "Q122\_27", "Q122\_28", "Q122\_29", "Q122\_30", "Q122\_31", "Q122\_32", "Q122\_33", "Q122\_34", "Q122\_35", "Q122\_36", "Q122\_37", "Q122\_38", "YEAR" |